



MASTERCLASS BY UDI OREN

FROM THE INNER CONFLICT (IC) TO THE INTERNAL DIALOGUE (ID) THANKS TO EMDR THERAPY ...

COURSE OBJECTIVES

In this workshop, Udi Oren, in the perspective of EMDR, works with people facing internal conflicts when making personal choices. This type of conflict has appeared in many therapies and manifests itself as «parts», «voices» or «states of the self» of the patient. Often, the conversation between these different parts is either non-existent or suffers from a great limitation. Sometimes one of the parts is not interested or does not want any communication with the other part.

This workshop aims to teach participants an understanding of the phenomenon from the perspective of the adaptive information process model.

With a specific protocol, Udi Oren teaches a way to facilitate the work that leads the patient from the inner conflict towards the inner dialogue and its integration.

Attending this workshop you will be able to understand the inner conflict, from an AIP perspective, and use a specific EMDR strategy to change the inner conflict into an internal dialogue.

PUBLIC EMDR Practitioners who received Level I Initial EMDR Training.

TRAINING TEAM

TRAINER: Udi Oren, Ph D, Psychologist, Psychotherapist, Senior EMDR Europe Trainer and member of the EMDR Institute

FACILITATOR: Isabelle Meignant, is a Psychotherapist, Clinical Psychologist, Family and Systemic Therapist, Senior EMDR Europe Trainer.

PROGRAM

First a theoretical part and a demonstration followed by practice of the protocol based on participants own experience.

METHODOLOGY / TEACHING METHODS

Power Point, demonstrations, practice and course materials.

DURATION 1day (from 10 am to 06 pm)

PRICES Credits EMDR France for training and developmental activities (continuing education): 07

290 € as individual

360 € continuing education

TERMS AND CONDITION

The number of places being limited, your registration will be validated by the payment in order of arrival.

In case of cancellation, up to 30 days before the start of the masterclass: 90 € will be retained.

No refund can be made when a cancellation is made less than 4 weeks prior to the first day of your booked training.

The EFPE keeps the right to cancel the masterclass until two weeks before beginning of the masterclass, especially in case of an insufficient number of registrations.



EMDR FORMATION - EFPE

11 RUE MATABIAU - BÂTIMENT B - 31000 TOULOUSE - 06 88 98 08 25 - MAIL : efpe.info@gmail.com - www.efpe.fr

N° SIRET : 814 870 598 00012 - N° DE FORMATEUR : 11 75 54209 75